



# THE CAFCS NEWS

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*An Affiliate of the American Association of Family & Consumer Sciences  
Dedicated to improving quality of life for individuals and families since 1908*

## Debbie Nelson presented with the AAFCS LEADER AWARD at the Pacesetter Dinner in Milwaukee.



**CONGRATULATIONS TO CAFCS AWARD WINNERS! (Debbie Nelson Center)**

### THANK YOU NOTE

Dear CAFCS members,

*From the bottom of my heart, THANK YOU for nominating me to receive the AAFCS Leader Award. It was a humbling experience to be one of five members to receive this honor at the Pacesetter Dinner during the recent 99<sup>th</sup> AAFCS Annual Conference. How proud I was to represent Colorado in receiving the Leader Award! For truly, the award*

*is for all of you as well, since I am very much a "home grown girl." You have nurtured me ever since college (and some of you even before that!), given me opportunities to participate and to grow and to lead in numerous situations. You supported me through the deaths of my parents and reminded me of how proud my mother would be of my accomplishments. You gave me the hugs she would have given. You encouraged me as I stretched my wings to serve on the National Board. You have always been my cheerleaders and I am forever grateful.*

*With sincere gratitude,  
Debbie Nelson, CFCS  
AAFCS Leader*

**Mary Jo Bruskievicz** earned a blue ribbon at the Market at Belmar Pie Baking Contest on July 6. Her cherry pie was

considered "best in class" by the audience-participant judges.

**Dawn Mallette Recognized With National Family and Consumer Sciences Award**



*Dawn Mallette receiving the AAFCS Outstanding University Teacher Educator Award*

Dawn Mallette, coordinator of the Family and Consumer Sciences program in the College of Applied Human Sciences at Colorado State University, was recently recognized with the American Association of Family and Consumer

Sciences (AAFCS) Teacher Education Community - Outstanding University Teacher Educator Award.

The award is co-sponsored by Goodheart-Willcox Publisher and the teacher education community. It is given in recognition of a family and consumer sciences teacher educator who has provided outstanding teacher preparation instruction and outstanding contributions toward innovative and unique teacher education. Mallette accepted the award at the national AAFCS conference in Milwaukee, Wis. in June.

Mallette is a teacher educator for Family and Consumer Sciences and General Education in the Colorado State University School of Education. She is also the director for the School of Education Continuing Education office. Besides being a full time professional educator, she is also involved on local, state, and national advisory boards and civic committees. Prior to being at Colorado State University, Mallette taught at Fort Hays State University as a graduate assistant, and was a junior and senior high school teacher before earning her Masters from the University of Nebraska, Lincoln and her Ph.D. at Colorado State.

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## 2008 AAFCS Senate results-Debbie Nelson

Susie Tucker, CAFCS president, and Debbie Nelson represented Colorado in the 2008 Senate at AAFCS. We got to use the "clicker" technology again, which allowed Senators and observers to see the actual results of the voting in real time. Individual votes are not reported, just aggregate data. It is interesting to have the results in this format.

Bylaws revisions were passed to make the document more streamlined. Many of the details were moved to the Policies and Procedures Manual. To provide a good system of checks and balances, the bylaws committee was renamed the "Bylaws and Policies and Procedures" committee. Any changes to the Policies and Procedures Manual will have to go through this committee before being approved by the Board. Debbie Nelson will serve on this committee for the 2008-2009 year.

One of the bylaws changes allows affiliates to be geographic areas rather than distinct states. Colorado might want to think about joining with Wyoming - a few preliminary discussions happened around with Pacesetter Dinner table with

Wyoming resident and AAFCS past president, Virginia Vincenti.

Take a look at the new AAFCS Strategic Plan which will guide activities 2008-2013. Newly installed AAFCS president, Shelly Nickols-Richardson provides a good summary of the plan on page one of the July FACS e-newsletter. The four strategic outcomes or major goals are:

- 1) Knowledge and skills are applied for the public good
- 2) AAFCS is key to success for professional in FCS
- 3) AAFCS credentials are highly valued
- 4) AAFCS Collaboration effectively leverages resources

The resolution on identity theft passed - public policy committee member Jeanne Warning gives ideas for implementation in the FACS e-newsletter.

For complete details of the 2008 Senate activities, log on to the AAFCS website at [www.aafcs.org](http://www.aafcs.org) and click on the link to the July FACS e-newsletter.

Watch for your September/Summer issue of the *Journal of Family & Consumer Sciences*- includes AAFCS President Shelly M. Nickols-Richardson's inaugural address, USDA's Project M.O.M., comparison studies of and use, teaching competence and delivery modes, and considerations for crucial financial decisions. Ever wonder what an acronym really means--see a list that FAC professional frequently hear.



Debbie Nelson and Susie Tucker at AAFCS Meeting in Milwaukee June 2008.

### President's Message

Reflecting on learning from and follow-up needed after the Annual AAFCS meeting is the primary focus of this newsletter. Thanks to Carole Makela, Debbie Nelson and Luann Boyer for their perspectives.

I was able to hear Luann's presentation about development of an on-line class focused on health that she developed for her county's Extension program. That work is now being used in some near-by counties. An even better complement: The next day, I overheard people discussing how they could apply her presentation in their work.

It was amazing to see the creative ways in which history of the organization and of the profession were documented and reported—children's literature, film, photos and AAFCS archives. It was also obvious that some early problems recur: food safety, economic security, and child safety were just a few themes.

The University of Wisconsin's Policy Institute for Family Impact Seminars described how they link research and public policy. They hold 2-hour seminars targeting State policy makers to consider family impacts of policies and

programs in a neutral, nonpartisan setting complete with a research-based briefing report. They've trained partners in 24 states. Their webpage can be found at <http://www.familyimpactseminars.org>.

Debbie Nelson and I served as your senators this year. Discussions at our annual meeting helped in that work. AAFCS also held conference calls just before the meeting to help us prepare and to gather feedback. Your FACS and the AAFCS webpage has the content.

The Colorado Affiliate nominated Debbie for an AAFCS Leader award, and the award committee agreed with us. A number of Colorado members were among those celebrating with Debbie.

It's time for the plan of work, so if you have ideas, please forward them to Judy Clock or to me. I'm also looking for two people to assist with Nominating Committee. If you'd like to be part of CAFCS leadership, do let me know...

The Knoxville meeting is definitely in my planner for next June. I hope you can join me...

Susie Tucker, CAFCS

display a poster of their history. Colorado's identified 3 events in each of the decades from 1909 to the present. The events identified were accomplishments of the CO affiliate and/or its members. In addition the current homepage of our website and the quilt block designed by Jill Charbonneau for the 2008 IFHE-US quilt were included. The poster will be displayed at CAFCS events during this year for you to see.



Pam Swallow Curtis, a distant cousin of our founder, Ellen H. Richards and AAFCS member Joyce Miles, dressed as Ellen H. Richards

### What do you know about?

Besides the *Journal of Home Economics* (today's *Journal of Family & Consumer Sciences*), AHEA published a *Bulletin* for a number of years. In a 1941 issue, a table indicated how many home economics had registered with the government. This was a war time requirement. Nationwide at the time nearly 30,000 home economists were registered. In Colorado 316 were registered in geographical directories. My questions are: What do you know about this project? Have any home economists shared this experience with you? Where are the directories that



### Affiliate Wall of History

For the 2008 Centennial Celebration in Milwaukee, each affiliate was invited to

include the lists? History buffs here is a challenge.



AAFCS Centennial Celebration 2008 Milwaukee left to right: Helen McHugh, Carole Makela, Susie Tucker, Debbie Nelson and Luann Boyer.

## CAFCS Officers

Congratulations to the New Officers for CAFCS. For the upcoming 2008-2009 year, the following CAFCS Officers were elected: Linda Valentine as President-Elect., Angela Smith as VP of Public Policy, and Laurel Kubin as Secretary.

Suzie Tucker is continuing as President and will provide great leadership for our affiliate. Carole Makela, Treasurer, will continue to provide financial expertise. Cindy Miller will move into the 1<sup>st</sup> Vice President position and will provide leadership for the 2009 CAFCS Conference along with committee members. If you have suggestions for the conference or are ready to volunteer for the committee, email Cindy at [cmiller@windsor.k12.co.us](mailto:cmiller@windsor.k12.co.us)

If you are willing to give a little time to CAFCS, let Suzie Tucker know

([smttucker1@msn.com](mailto:smttucker1@msn.com)). There is always a need for members to take leadership roles. Installation of officers will be at the Board Meeting in September.

## QUILT PROJECT UPDATE

Quilt committee members that were available in April for a meeting in Denver met and made a decision to develop a landscape design idea for our state quilt entry for the 100 Year Celebration next spring. The hunt was on for appropriate fabrics and a plan developed to meet in Meeker in June for a quilting bee. Laurel Kubin and Pat Frankenburg traveled to Iris Franklin's home in Meeker for a long weekend of intense quilt production. Ideas gleaned from CAFCS member input, visiting quilt museums, numerous quilt books, etc. were incorporated into the basic quilt. It will be a wall hanging approximately 60 " wide and 42 " long after borders are added. It depicts the geographical diversity of Colorado and the important issues stressed by members. Pat is in the process of quilting the top and another sewing session is planned for later in the fall to add borders, backing and finishing touches.



Colorado Quilt Project Laurel Kubin, Pat Frankenburg, and Iris Franklin

**Colorado's healthcare workforce crisis: Where do we need to go? What do we need to get there?**

**Thursday, October 30, 2008**

Sheraton Denver West Hotel in Lakewood, CO. Please save the date. Registration information coming soon!

Topics:

- Recruitment and retention of healthcare providers
- Building the pipeline planning for the future by working with educational programs and students
- Public and private partnerships
- Community development

Contact Shelly Collings  
Development Coordinator  
Colorado Rural Health Center  
3033 S. Parker Rd., Suite 606  
Aurora, CO 80014

Phone: (303) 832-7493

Cell Phone: (720) 233-5590

WEBSITE:

<http://www.coruralhealth.org/crh/c/events/Documents/workforce10.30.08.pdf>

**History on the move: More than 12,000 clothing artifacts find a new home at new CSU Center for the Arts**



The collection is the only one of its kind in the region that allows hands-on access to study textiles under controlled conditions. *July 12, 2008*

In a massive and coordinated effort, more than 12,000 artifacts of history were carefully packed in acid-free paper, nestled in boxes and moved July 10, from the Gifford Building on Colorado State University's main campus to the University Center for the Arts. The artifacts make up the university's Historic Costume and Textiles Collection, which includes fragile textiles, accessories and clothing pieces, some dating back 2,000 years.

**More space including a gallery**The \$2.3 million collection's new home will provide more space including a gallery for the thousands of pre-Columbian textiles, Civil War era hoop skirts and men's jackets,

Geisha shoes, elaborate fans and hats, beaded flapper dresses, hand-made lace and famous designer apparel.

Carefully stored in a temperature and humidity controlled room in their existing home, the artifacts are protected by a complex system of drawers and cabinets. White gloves are required for handling the items.

The collection's new digs at the University Center for the Arts will offer easier access for experts, students and visitors to study the collection and will make it easier for the curator of 20 years, Linda Carlson, to care for each artifact. The new facility will provide museum space with state-of-the-art lighting standards, controlled humidity and temperature, expanded storage and increased security. The move doubles the storage space for the collection.

#### Rare, unique items

Among the jewels of the collection are 19th and 20th century Western clothing; designer dresses from Mr. Blackwell, Arnold Scaasi, Carolina Herrera and Calvin Klein; textiles such as a collection of lace valued at

more than \$140,000; a collection of more than 500 Japanese kimono; accessories such as shoes, hats and bags; and 20 chairs, the newest collecting area of interest.

Many of the items have a story attached to them.

"A number of years ago, a donor brought in a box of family artifacts, explaining that there was no family member with whom to leave the artifacts," Carlson said. "Her story was fascinating: Her great-great-great grandfather was a Frenchman who was caught up in the turmoil of the French Revolution at the end of the 18th century and was forced to flee Paris. He hid in a cave, made his way to England then to the United States, where he eventually established himself as an importer of French ribbons and millinery goods. A beautiful red wool cape that was among the garments she offered had belonged to her great grandmother - the Frenchman's granddaughter - Charlotte de la Chappelle. In a letter that the donor shared with me, Charlotte wrote about watching Abraham Lincoln's funeral train roll by."

A young mother, de la Chappelle died of cholera contracted from returning soldiers of the Civil War.

#### Huge undertaking for delicate objects

To move the collection, each item was wrapped in acid-free paper and placed in archival-quality boxes. The storage cabinets for each object must be moved. Dozens of large, museum-quality storage cabinets were wedged into an elevator, along with about 100 drawers, and transported out of the building and re-installed in the new space. Then each must be reassembled, cleaned and filled again with artifacts.

The collection is under the constant, careful watch of Carlson. On a rotating schedule, each folded piece is removed, re-folded in a different configuration to prevent fiber cracking along fold lines, then returned to drawers in a reverse order so that no object is consistently under the weight of other artifacts. No food or drink is allowed near the collection, and if

researchers looking at an item wish to take notes, they must do so with a pencil and not a pen. White cotton gloves must be worn at all times when an object is examined.

The collection is the only one of its kind in the region that allows hands-on access to study textiles under controlled conditions.

## How much do you know about the childhood obesity epidemic in COLORADO?

### Childhood Obesity Action Network

[www.nichq.org/obesityactionnetwork](http://www.nichq.org/obesityactionnetwork)

[www.healthyamericans.org](http://www.healthyamericans.org)

### OBESITY-RELATED STATE Initiatives

### OBESITY-RELATED SCHOOL STANDARDS 2007 COLORADO/ NATIONAL

### 2006 OBESITY-RELATED POLICY OPTIONS COLORADO/ NATIONAL

[www.schoolwellnesspolicies.org/](http://www.schoolwellnesspolicies.org/).

### STATE OBESITY PREVALENCE RANKING AND REPORT CARD GRADE FOR CHILDHOOD OBESITY-RELATED ACTIVITIES

The states score on five types of childhood obesity related legislation:

- (1) Nutrition standards in schools,
- (2) Vending machine prohibitions in schools,
- (3) Body mass index measured in school,
- (4) Recess and physical education requirements
- (5) Obesity programs and education.

[www.ubalt.edu/experts/obesity/index.html](http://www.ubalt.edu/experts/obesity/index.html).

## **WANTED: CAFCS members participation**

Second Century of Helping is an official project of the AAFCS Centennial

Celebration. The former Home & Community Section initiated this project that will have members track for one year beginning July 1, 2008 their volunteer hours. Members in other states have already entered hours, which apply their expertise in activities as an FCS professional. This need not be FCS sponsored activities. Many of you give many hours to agencies and organization in your community. Let's demonstrate that CO can compete with the best of the affiliates.

At the annual conference in 2009, individuals, AAFCS

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Eagle, CO 81631-0728



**THE CAFCS NEWS is the newsletter for members of the Colorado Association of Family & Consumer Sciences. Photos and articles from and about members are welcome.**

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The American Association of Family & Consumer Sciences (AAFCS) is a not-for-profit 501 (c) (3) organization with 10,000 members, dedicated to improving quality of life for individuals and families. The AAFCS and its affiliates may accept charitable contributions, which are tax-deductible to the fullest extent of the law.

communities, and affiliates with the greatest number of hours and highest per capita rate will be recognized. The current status of hours for the top 10 affiliates (total and per capita—hours per member) and the top 5 communities (total and per capita) are on a

dynamic screen on the AAFCS website.

Now is the time to log in and add your hours—do it as you complete each activity, don't wait until the end of the year. There is a link to the Second Century project on AAFCS's home page [www.aafcs.org](http://www.aafcs.org) (in the What's New links). You will need your AAFCS membership number. If you do not have Internet access, make copies of the form included with this newsletter and have someone with access input your activities or send them to Carole Makela, CFCS, 105J Education, 1588 Campus Delivery, Colorado State University, Fort Collins, CO 80523-1588. Carole will see that your hours are credited to CAFCS and the community of your choice.

Colorado CAFCS—2<sup>nd</sup> Century of helping (SCOH)

Name \_\_\_\_\_  
AAFCS Member Number \_\_\_\_\_  
City \_\_\_\_\_ CO

**General Focus (select from list)**

Housing \_\_\_\_\_  
Nutrition \_\_\_\_\_  
Community \_\_\_\_\_  
Development \_\_\_\_\_  
Poverty/Finance \_\_\_\_\_  
Public Policy \_\_\_\_\_  
Youth Development \_\_\_\_\_  
Other \_\_\_\_\_

**Member of AAFCS Community of (select one)**

None \_\_\_\_\_  
FCS Teacher Education \_\_\_\_\_  
Elementary, Secondary, Adult Education \_\_\_\_\_  
Colleges, University, Research \_\_\_\_\_  
Family Relationships & Human \_\_\_\_\_  
Development \_\_\_\_\_  
Global Perspectives \_\_\_\_\_  
Non-traditional careers \_\_\_\_\_  
Apparel, Textiles, Design \_\_\_\_\_  
Family Economics Resource \_\_\_\_\_  
Management \_\_\_\_\_  
Business & Entrepreneur \_\_\_\_\_  
Nutrition, Health & Food Management \_\_\_\_\_  
History & Archives \_\_\_\_\_  
Quality of Living \_\_\_\_\_  
Extension \_\_\_\_\_  
Partners in Home & Community \_\_\_\_\_  
Other \_\_\_\_\_

**Date of Activity:** Month \_\_\_\_\_ Day \_\_\_\_\_ 2008  
2009  
**Ending Date** Month \_\_\_\_\_ Day \_\_\_\_\_ 2008  
2009

**Total Hours:** \_\_\_\_\_  
**Activity (brief description)** \_\_\_\_\_

Make copies of the form and have someone with access input your activities or send them to Carole Makela, CFCS, 105J Education, 1588 Campus Delivery, Colorado State University, Fort Collins, CO 80523-1588.